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 ACHS Rune



A rune is a letter in a alphabet known as runic alphabets native to the Germanic peoples. Runes were used to write various languages, including Elder Futhark seen above.

This writing system was used by the Vikings. In recognition of this, we call our new ACHS newsletter *The Rune*.

Get to Know Our School Nurse Janice Lopane

All my life I was told I should become a nurse. Although I wanted to become a nurse I had a fear of blood and math so I tried to ignore the calling. Eventually, (at the tender age of 44) I gave in and enrolled in Atlantic Cape Community College’s Nursing Program and graduated in 2006. After passing the nursing boards, I got hired as a Charge Nurse for the American Red Cross and actually wind up loving BLOOD!

I left my American Red Cross position to become a Public Health Nurse with the City of Atlantic City Health Department. Part of my job as a public health nurse was going to all the schools in the AC District to conduct annual immunization audits. I feel in love with the AC schools and especially the nurses. They were all amazing. I looked forward every year to go back to each school and reconnecting with them and watching in awe as they worked so hard and were so compassionate and professional. I fell in love with the high school. I would say to myself one day I will work there ... It seemed like it would never happen because year after year I would go back to conduct the audits and the nurses that were there were still there, they never left.

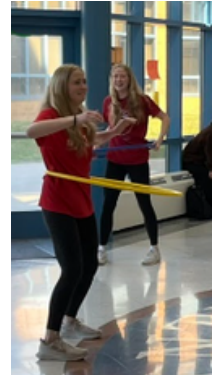
Once COVID happened, that changed and there was a job posted for school nurse. I put in for the position and prayed on it. At my Zoom interview I said I would LOVE to be considered for the ACHS school nurse position. I got hired and I am so grateful.



#SEL day



SEL Day is a global, grassroots campaign for social-emotional learning to support children's academic recovery, mental health and well-being. Staff and students at ACHS spent the day exploring the value of social-emotional learning and the importance of developing those skills.



MENTAL health MATTERS



2024 SPRING CONVOCATION



LEFT: Superintendent La'Quetta S. Small hosted the 2024 Spring Convocation. ABOVE: ACHS Admin Ms. Sickler, Mr. McGee, Ms. Days-Chapman, Dr. Alexander & Mr. Fetter.

Atlantic City High School was full of winners at the Spring Convocation! The staff picked up nine awards in total with highlights including Mrs. Tormey winning ESP for the district and Ms. Sickler for Vice Principal of the Year. Congratulations to all the winners for their hard work and effort to make this school and district great.



ACHS Teacher of the Year
Frank Manzo



ACHS/ District ESP of the Year
Deb Tormey



Vice Principal of the Year
Samantha Sickler



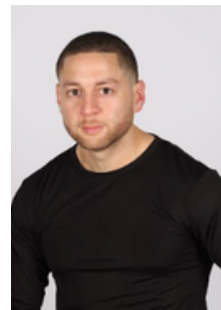
Exemplary Teacher
Kerri Harvey



School Secretary
Evelyn Padilla



Safety Officer
Ivan Lassister



Maintenance
Jean Jorge-Ayala



Information Technology
Nancy Ireland

Field Trip!

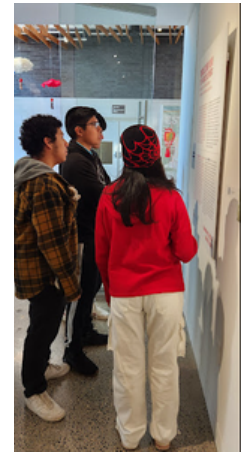
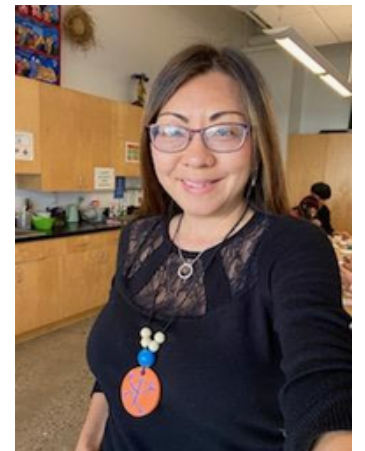


TALLER PUERTORRIQUEÑO



EL CORAZÓN
CULTURAL

The World Cultures Club went on a field trip to Taller Puertorriqueño in Philadelphia, a community based cultural organization that promotes, preserves and celebrates Latino culture and especially embraces Puerto Rican heritage. The students took a walking tour on 5th Street, participated in necklace making workshop and were emerged in the Latino arts and exposed to a diversity of Hispanic culture.





Students in ACHS' NJROTC program competed in the last Drill Meet of the year at Rancocas High School in Mt. Holly, NJ. The teams competed in the fields of academics, physical fitness, uniform inspection, and drill. Three cadets were tested on their program, SAT and general knowledge. They came together as a team, supported each other, and gained experience to set them up to lead their NJROTC family towards bringing home more trophies next year!



The ACHS Crew Team unveiled their new boats this past Tuesday at the Atlantic City Boathouse. **Chris Ford Jr.** opened the event and Superintendent **Dr. La'Quetta S. Small** and Assistant Superintendent of Curriculum & Instruction **Dr. Lakecia Hyman** spoke before the students, coaches and parents before the official ribbon cutting. Coaches **Sean Duffy** and **Kris Ciuro** were excited for the new shells and hope it will lend their teams a greater advantage in the upcoming season.



ABOVE: Coach Sean Duffy, Jane Tayoun, Chris Ford Jr. , Dr. La'Quetta S. Small , Dr. Lakecia Hyman, Joy Cress, Sarah Mammucari, and Coach Kris Ciuro.



ATHLETICS



Three of our senior athletes have committed to playing sports at the collegiate level. **Joseph Lyons III** will be playing football at Lycoming College, **James Haney** will be swimming for the University of Delaware and **Mia D'Arco** will be playing lacrosse for Susquehanna University.



SIGNING DAY
SPORTS



Spring Coaches Directory

Baseball

Head Coach:
David Bean

Softball

Head Coach:
Mike Miltenberger



Boys' Lacrosse

Head Coach:
Maurice Lozzi

Girls' Lacrosse

Head Coach:
Frank Christy

Co-ed Golf

Head Coach:
Peter Logue



Boys' Crew

Head Coach:
Kristopher Ciuro

Girls' Crew

Head Coach:
Sean Duffey



Boys' Spring Track

Head Coach:
Roy Wesley Jr.

Girls' Spring Track

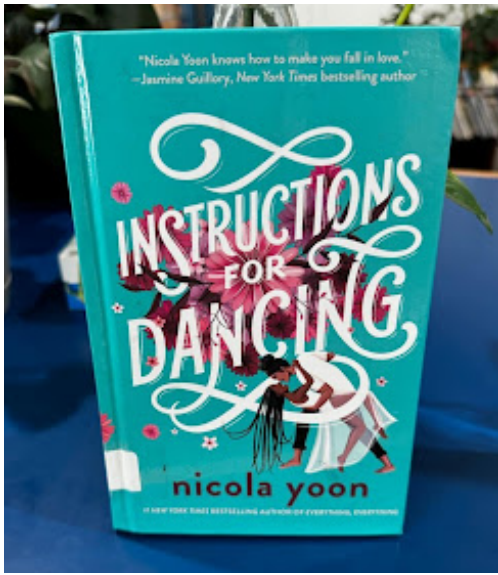
Head Coach:
Jonathan Parker



Boys' Tennis

Head Coach:
Kevin Davis





The Alice Cash Literature Club finished reading *Instructions for Dancing* by Nicola Yoon. They were then joined by the World Language Club and instructed by our own Norma Morales on how to tango!

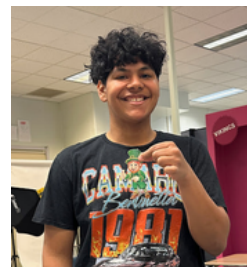
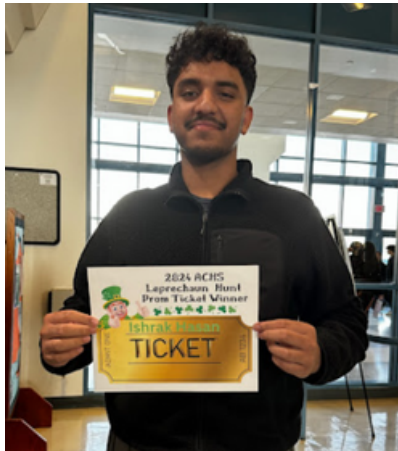
Leprechaun Hunt



The Class of 2024 sponsored a leprechaun hunt on Friday, March 15th. Students received a prize from the 'pot of gold' and the juniors and seniors were given a chance to win a free prom ticket.



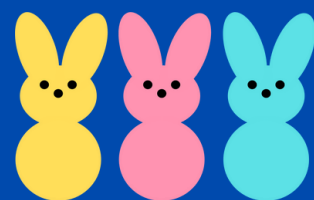
Ishrak Hasan



March



International Women's Day- 8th
Daylight Savings Time- 10th
St. Patrick's Day- 17th
Full Day PD (No Students)- 22nd
Half Day for All- 28th



Spring Break- 29th till April 8th